OUDIZE OFFICE (III) VIAIOT (III) TIII (III)	US SIZE	CHEST (	IN)	WAIST	(IN	) HIP	(IN	)
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XS	0-2	32.5-33.5	25.5-27	34.5-36
S	4-6	33.5-36	27-29	36-38
M	8-10	36-38	29-31	38-40
L	12-14	38-41	31-34	40-43
XL	16	41-44	34-37	43-46
2XL	18	44-47	37-40	46-49
3XL	20	47-50	40-43	49-52
4XL	22	50-53	43-46	52-55

## **HOW TO MEASURE**



CHEST: Place the tape measure under your arms at the fullest part of your chest, wrap around your body until your fingers meet and mark the measurement

WAIST: Measure around your natural waistline – right above your hips. Be careful not to squeeze too tight to allow a little give.

HIPS: With your feet together, measure around the fullest part of your hips to ensure you'll have enough room to move comfortably.